



## Fleet 5 Newsletter

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## April 2017

# R h o d e s 19

### GREETINGS FROM THE PREZ



With March out of the way, skiing is winding down, and you know what that means. Things are starting to heat up, so we have a lot to get to. But before I start, I'm saddened to report the passing of **Henry Peper**, who departed on February 24<sup>th</sup> at the ripe young age of 94. Our hearts go out to daughter **Sally Tompkins** and her husband **Tommy Tompkins**, as well as to the rest of Henry's extended family. Henry meant a lot to me, and I've shared some of my thoughts on page three. You'll also find Henry's obit at [www.legacy.com/obituaries/name/henry-peper-obituary?pid=1000000184428811](http://www.legacy.com/obituaries/name/henry-peper-obituary?pid=1000000184428811).

So, for starters, MRA is holding an open meeting at the EYC sailing center this Wednesday night. The plan is go over some of the upcoming changes this season, including the repositioning of the two racing circles. It's definitely worth dropping by to hear that, as well as to reconnect with your sailing friends and to start getting the juices flowing.

Also, you probably heard that US Sailing updated the RRS in the 2017-2020 edition, and there are a bunch of material changes this time around, including a few that govern mark roundings. Rules guru **Dave Perry** will be at the EYC on April 8<sup>th</sup> to explain all of that. More info is included on page two.

For you Fleet 5ers who, like me, periodically enjoy trying to tame that little beast they call a Laser, the Laser fleet is kicking off its spring season with a rigging clinic on Sunday April 9<sup>th</sup> in the EYC dry sail lot, which is in preparation for their spring series which starts two weeks later. More below.

Make sure you circle May 4<sup>th</sup> on your calendar. That's the day of Fleet 5's 2017 spring clinic, which will be held again at CYC and will feature a panel of **Jud Smith**, **Tomas Hornos** and **Charlie Pendleton**, who will walk us around the race course from start to finish. You won't want to miss that, especially in a Nationals year.

And speaking of Nationals, new measurer **Peter Sorlien** is working with the regatta committee to get a jump on measuring the local boats, and is planning a measurement day on Saturday May 20<sup>th</sup> at EYC. I haven't heard the latest, but I'd encourage you to avoid the Christmas rush and get it out of the way early. For more info, contact Peter or **Jim Raisides**.

Finally, I've heard that Pleon is looking for a few more folks to put up out-of-town coaches for the summer. If you'd like to host a coach, contact **Meredith Tedford** at [Meredith.tedford@gmail.com](mailto:Meredith.tedford@gmail.com).

Thanks to **Christina Pandapas** for hosting the rescheduled winter party. The party was, well let's say, unusually well attended. Maybe March is a better month than January - something to think about for next year. Thanks also to **Elise Mazareas Nash** for providing the fleet bar.

I've always found the shoulder seasons to be absurdly busy. You ski all winter and sail all summer, so spring and fall tend to be crammed with all of the stuff you put off or ignored during those times. Honey-do lists, gardening, window washing, yanking the yellowed wallpaper off of that corner room walls, etc. No end to it, right? But spring boat work needs to trump all of that. Spring Series is coming and is only eight weeks away. *So get on it!* I'm planning to be out there and expect to see you there too.

### UPCOMING EVENTS

**MRA Open Meeting – Wednesday April 5<sup>th</sup>** The MRA will host an open meeting at 7PM at the EYC Sailing Center to talk about the upcoming season and some changes we can expect. Cash bar.

**Spring Clinic – Thursday May 4<sup>th</sup>** Fleet 5 will host an evening clinic on May 4<sup>th</sup> in the Fantail at the CYC, featuring a moderated panel (details below). Cash bar.

**Measurement Day – Saturday May 20<sup>th</sup> at EYC** Fleet 5 will host a pre-nationals measurement on May 20<sup>th</sup> in the EYC dry sail area. For details, contact **Jim Raisides** or **Nat Taylor**.

**Spring Series – May 27<sup>th</sup> – 28<sup>th</sup>** Spring Series will kick off on the Saturday & Sunday of Memorial Day weekend.

**Twilights Commence – June 1<sup>st</sup>** The Twilight Series will start on June 1<sup>st</sup>, the first Thursday after Memorial Day.

**Post Race Cocktail Party – Saturday June 3<sup>rd</sup>** at the home of **Ann & Jim Taylor**. The party will be potluck, and **Elise Nash** will supply the bar.

**East Coasts** – There will be no 2017 East Coasts Championship.

**Race Week Party – July 27<sup>th</sup>** at the home of **Jennifer & Steve Uhl**. **Elise Nash** will supply the bar.

\* \* \*

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**April 2017**

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**SHORT TACKS**

**MRA Feedback** Last month, we solicited feedback on the Line Captain's Guide and relocation of our sailing circles. Fleet members were overwhelmingly unresponsive, sending exactly zero emails to either of our MRA reps on either topic. We assume we would have heard squawking if there was something you didn't like. Hearing none, we assume support and have passed that along to MRA.

**MRA Spring Open Meeting** The MRA is hosting an open meeting on Wednesday evening April 5<sup>th</sup> at 7PM at the EYC Sailing Center to talk about the upcoming season. Expected topics include changes we can expect, such as changes to the SIs and the relocation of our race circle. The bar will be open.

**More on the MRA Lines** Here is the latest. Tinkers Line is moving to an area near Satan's and will be called North Line. Midway is expanding to 1.5 mile diameter, is moving SW to make room for the North Line and will be renamed South Line. Etchells, IOD's, and J-105's will race on the South Line and all other classes will race on the North Line.

**Dave Perry Rules Seminar** The EYC is hosting a rules seminar with **Dave Perry** on April 8<sup>th</sup> from 9am to 4:30 pm. Dave will cover the new racing rules for 2017-2020, as well as the old rules, related tactics and their underlying principles. Call 781-631-1400 to purchase your tickets.

**Spring Clinic Taking Shape** 'Around The Course: Start to Finish' will feature a moderated panel with **Jud Smith**, **Tomas Hornos** and **Charlie Pendleton**, who will walk us around the race course, covering topics like pre-race priorities, starting strategies, speed tweaks, race-course positioning and more. **Kim Pandapas** will moderate. The event will be held Thursday May 4<sup>th</sup> at 6:30 in the Fantail of CYC. Cash bar will be provided. For more info, email [kpandapas@comcast.net](mailto:kpandapas@comcast.net).

**Nationals a Mallory Qualifier** It looks like Nationals will serve as a Mallory qualifier. The regatta committee has been sorting out details with Mass Bay and confirmed that serving as qualifier would require no adjustments to our eligibility procedures or impact our event in any way. Stay tuned.

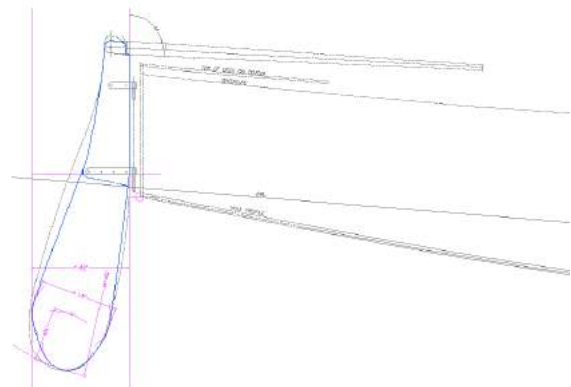
**Lasers Gearing Up** The Laser fleet will kick off its 2017 season with a rigging clinic on April 9, followed two weeks later (skipping Easter) by their Spring Series, which will run five Sundays on April 23, 30, May 7, 14 & 21. Juniors are welcome, but the sailor should be big enough and able to hike and right the boat in whatever conditions present that day. If you're interested in just checking it out, stop by the clinic and party, or even tag along on a support boat during racing. For more information, contact **Tom Dailey** at [tmd15@cornell.edu](mailto:tmd15@cornell.edu).

**CYC TO Host Umpire Training Event** The CYC will host a one day seminar (8:30am-4:30pm) on Saturday May 13 to train sailors on how to umpire team and match race events. This is a great way to enhance your understanding of the rules. The day will dive into the application of rules to team and match racing, and focus on making calls in the moment for common situations. Participants will leave with knowledge to begin umpiring at local and regional. You can register on the US Sailing website at [www.ussailing.org/race-officials/find-a-seminar/umpire-seminar-calendar/](http://www.ussailing.org/race-officials/find-a-seminar/umpire-seminar-calendar/).

**Rudder Redesign?** It appears **Jim Taylor** is back at his drafting board again. Below is his new take on an old theme. We understand **Chris Small** is building them out of fiberglass and foam – no wood. See mold to right and design specs below.



**R-19 Rudder Detail Drawing; 2/2/17**



Class Rule dimensions shown in magenta.  
2017 profile shown in dark blue.  
O'Day hull and typical rudder profiles shown in broken, grey lines  
2017 rudder blade is designed to be 7/8" thick, 1/8" less than Class Rule maximum  
2017 rudder head is designed to be 1 1/2" thick, to suit Schaefer pintles (Part #'s 80-55 & 80-56)  
2017 rudder trailing edge is modeled to be 1/8" thick. This is not part of the current Class Rules, but was implied by a 1987 version of the Rules, and seems like a practical 'abuse resistant' thickness.

**New Mainsheet** – The March Mainsheet is out. You'll find it at [www.rhodes19.org](http://www.rhodes19.org).

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The next Fleet 5 Newsletter will be published on May 1<sup>st</sup>. Newsletters are distributed by email. To request being added to Fleet 5's distribution list, please contact **Jeff Shoreman** at [jshoreman@gmail.com](mailto:jshoreman@gmail.com).



### Nationals 2017 Update

by Regatta Co-chairs Matt Hooks & Nat Taylor



*Notice of Race* - It's official! The 2017 Rhodes 19 Nationals Notice of Race is at [www.r19nationals.com](http://www.r19nationals.com).



*Registration is Now Open* With ski season winding down, it's time to start checking things off your pre-Nationals to-do list, and you can start by registering at [www.r19nationals.com](http://www.r19nationals.com). Let's build some scratch-sheet momentum and get all of Fleet 5 registered early!

*Calling All Rhodes 19s* We want every Fleet 5 boat on the water for Nationals! We hope you'll be in your boat, but if you can't race, please consider chartering. Please help us make it easier for our R19 friends from across the country to join us in Marblehead for Nationals. If you're interested in chartering your boat, please notify **Matt Hooks**.

*Pulling the Double* We are working to make arrangements for R19 sailors to come to Marblehead for Race Week and stay for Nationals (and hopefully join in some MRA fun in between). Please encourage folks to 'pull the double' and join us in Marblehead for these two great events. If you know anyone who is interested, please reach out to Matt or Nat and we'll help make arrangements for storage between the events.

*2017 R19 Nationals Logo Contest* We're still looking for help designing the 2017 Nationals logo! The logo must include no more than two colors (plus base), mention the year 2017, the regatta name Rhodes 19 National Championship and Eastern Yacht Club. The submission deadline has been extended to April 15<sup>th</sup>. We look forward to seeing what you come up with! The countdown to August is on!

\* \* \*

### Remembering Henry Peper *by Kim Pandapas*

Henry was so multi-dimensional, I don't know where to start. He was a sailor, navigator, engineer, inventor (invented erasable ink), intellectual, doting grandfather, gardener and self-appointed mayor of the Muffin Shop. He had the soul of a poet, the curiosity of student and the heart of a lion. Henry was among the purest of free spirits I've ever known.

I first met Henry back in the mid-80s, when we crewed together on PHRF boats. While I'm certain that we sailed the occasional round-the-buoys race together, what I remember most are the ocean races. I sailed with him on at least two Bermuda races and two Halifax races, and trust that that's enough off-shore time to really get to know the guy.

One of the interesting dynamics of offshore racing is that it strips away a person's veneer. Being with people for days on end when they are tired, cold, hungry and even occasionally a little scared, has a tendency to show what they're really made of. And Henry was made of all of the right stuff - no better shipmate have I ever had. He was a skilled navigator, really good sail trimmer, great at driving through seas - generally all the stuff you'd expect from an experienced blue water sailor. But what set him apart was his disarming honesty, dry humor, abundant charm, ready smile and bulletproof invincibility. He was a rock. I'd have sailed anywhere with Henry, and feel fortunate to have shared those times with him.

Of course, no accounting of Henry would be complete without mentioning that, while most of us 'younger crew members'

would talk a big game about what we would do when we got into port, Henry almost always was met at the dock by yet another charming, welcoming 'friend.' It's kind of cliché, right - one in every port, but that was Henry.

Of course, most of us know the rest of the story. Henry campaigned Chili with **Henry Jr.** (and occasionally son-in-law **Tommy Tompkins**) for 20 years or more. Henry was as much a fixture on our race course as he was at our parties. He loved Fleet 5 and he loved racing that boat. He hated to let it go but regrettably, that day comes for all of us. He was, however, pleased to learn that Fleet 5 is so strong that his boat had held its value, so much so that he gave me a call one day to talk about it.



Late one night on a mid-watch many years ago, Henry shared with me how, when his time came, he wanted to go. He wanted to be steering his Rhodes, on the starting line with a minute or so to go. He would be on port tack headed towards the committee boat when his moment came, and with his final breath be able to gaze upon the look of horror on the RC faces as his boat came barreling in. He was of course joking (I think). He loved racing and he loved the RC, and in fact went on to serve on RC himself. Henry also loved a good laugh.

I had the opportunity to chat with Henry on the CYC pier last summer. His body was moving a little slower, but he still had that familiar twinkle in his eye. Henry was one of a kind, and I will miss him.



## Process vs Outcomes: How To Optimize Practice Time *by Evan Cooke*



As you may know, when I'm not in the trenches at my day job, I moonlight as a sailing coach for Boston College. I graduated from BC in 2010, sailing under the tutelage of current EYC Sailing Director **Greg Wilkinson** and have had the

pleasure of being an assistant coach at BC for the past 5 years. BC Sailing has had its share of success over the years and a considerable amount of our time and focus as coaches comes down one thing: getting our team to trust our process and buy into our approach.

Over time, outcomes are what matters. Outcomes are objective and measurable. The real question is: what's the best way to assure positive long-term outcomes?

Sailboat racing is a probabilistic exercise. In any probabilistic endeavor, you have to recognize that even great decisions won't work out all of the time, and sometimes poor decisions will work out well. It's like banging a corner all by yourself. If it comes in you'll win the race. But probabilistically, that's a bad move. Do it enough and you're assured a loss.

All elite performers in all probabilistic fields - investors, sports team coaches, etc. - all think in terms of process versus outcome. So while it's easy to focus on outcomes, an emphasis on process makes the most sense for the long haul.

So, let's talk about process!

All the same things that we focus on at BC to drive success apply to summer sailing as well. I've broken down six critical things to help you achieve your goals and make the most of your season. The good news is you can get a head start on the first three right now!

First up is conducting a pre-season evaluation. Evaluate all areas of your game. Mentally walk yourself around the race course. Where does your boat excel? Where do you struggle? Are you constantly off the pace? Do you often lose boats at leeward marks? Do you struggle to start in the 1<sup>st</sup> row? The goal here is to not to identify the biggest weaknesses in your game but to uncover the areas where you can put in the least time and get the most reward. You shouldn't spend an entire season getting 1% faster if you can get 15% better at starting, 8% better at boat handling and 12% better at mark roundings in the same amount of time.

After you've identified 2 or 3 areas you want to focus on, it's time to set some goals. Two things matter here: how are you

going to measure success and what steps do you need to take to achieve your goals? Usually when people set goals, they think to themselves, "I want to drink more water," or "I want to wake up earlier," and stop there. Don't play yourself! If you haven't come up with individual, bite-sized steps to help you achieve your goal then you haven't actually set one. An example we use on our team is a goal of waking up earlier. To wake up earlier, you might: go to bed by 9pm, not drink caffeine after noon, set two alarms on your phone, set an actual physical real-life alarm clock, etc. You get the idea.

After you've decided on your areas of improvement and created a plan to reach, it's time to schedule your practice. In our boat, we schedule around peaking for our big event for the summer, usually Race Week or Nationals if it's in town. Pull out the calendar and mock up the days you can sail leading up to your big race. Map out how many of these days you want to devote to each of your three goals. You'll have to be flexible here. What you work on any given day depends a lot on the weather. Boat handling in heavy air is different from light air, so is starting, mark roundings, sets, etc. The same goes for current. Just get a rough skeleton schedule in place, track your progress as you go, and readjust as needed.

By now you've done all the pre-work and it's time for the rubber to meet the road. A major point of emphasis is using your time on the water wisely. Time on the water is a huge driver of success, but it's also our most limited resource. Being efficient is important. At BC, we're hampered by daylight and weather, sailing from 2-5pm four days a week. For us weekend warriors, our time on the water is limited to Saturday afternoons so it's even more important to use the time we do get wisely. There's  $\frac{3}{4}$  of a mile from the mouth of Marblehead Harbor to Tinkers, and 2 miles to Halfway Rock. That's valuable time on both the sail out and the sail in you can use. Then there's however much time you give yourself before the first gun, the 20 minutes or so between races on average, even more if the course is being reset. Do the math. We spend about as much time on the water not racing as we do racing. Use it!

In addition to using on-the-water time efficiently, we push our teams to use their teammates efficiently. With a team of 36 and only 1 or 2 coaches at practice we're limited in the amount of coaching we can provide each athlete. In Fleet 5, we're way better off. In fact, we have the best athlete to coach ratio I know of. Here's a tip. 90% all the Rhodes 19 knowledge that exists in the world hangs out on Saturdays during the summer off Tinkers, from 12-4. If you've got a question, ask.

*Continued next page*



*Continued*

If you've got boat handling questions ask **Charlie & Jim** if you can watch them do a few tacks. If you're off the pace ask the fastest boat about their setup. If you can't figure out what's going on, ask **Nat & Jim** what they're seeing condition wise and what they're thinking about. But if it's really light don't bother asking **Bill Heffernan** how he passed you downwind at warp speed while capsizing to windward. That's voodoo. Sailing is predominantly a self-coached sport. Get good at coaching yourself and it will make all the difference.

The last thing you can do is use each race as a drill. Since we don't have practice sessions, it up to you to use each race leading up to your big event as a drill. Be intentional about practicing one or two things each race. Pete and I often feel best about our sailing when we've made major progress during the course of a day, even if our scores are poor. At BC, we also practice situational sailing. Start leeward and behind someone and practice finding a lane ASAP, get inside of someone at a leeward mark, practice match racing for times when you must beat another boat to win or podium an event. We practice these skills with our team for a reason. You will find yourself in one of these positions at some point. Practicing what to do will help you stay calm and execute when it counts.

Whatever your process is, develop it and stick to it even in the darkest of times. The score will take care of itself.

Go Eagles

\* \* \*

**FLEET 5 TRIVIA**

*(Answers on Page 6)*

1. **Shannon Lane** is a R19 national champion. What year did she win, where was the venue and who was her skipper (hint below)?
2. Who was the third member of that crew?
3. Who finished 2<sup>nd</sup> and how many were on board?



**RACER'S RESOURCE BOARD**

**Dave Whittier** of **Stuart Marine** in Rockland Maine is the exclusive builder of Rhodes 19s. Call Dave at 207-594-5515 for pricing on new boats, used boats, repairs and parts.

**Doyle Sails** at (978) 740-5950 for new sails and repairs.

**Chris Small** – Full restorations and glass work- [csmall9021@yahoo.com](mailto:csmall9021@yahoo.com) (978) 500-9021.

**Seacoast Specialty Marine** Call **Greg Dolan** at 978-255-2769, click on [seacoastsspecialtymarine.com](http://seacoastsspecialtymarine.com), or visit on Facebook [@seacoastsspecialtymarine](https://www.facebook.com/seacoastsspecialtymarine).

**Neal Lewanda** – Repairs, fiberglass/gel coat, rudders, keel work, etc. - [neal@lewandamarine.com](mailto:neal@lewandamarine.com), 978-525-2700

**Benjamin Parker** of Aequoris Yachts does glass work and boat repair. Contact Ben at 58 Gregory Street, Marblehead (207) 319-3583 or [benjamin.parker@aequorisyachts.com](mailto:benjamin.parker@aequorisyachts.com).

**Kenny Harvey** – Rigging [kenny@harveyrigging.com](mailto:kenny@harveyrigging.com) or (781) 631-6644

**Waterline Systems** provides a complete range of services. Call at (401) 682-1661.

**Cape Cod Shipbuilding** makes Zephyr extrusions and a full range of mast and boom hardware and fittings. Call **Dick Landis** at (508) 295-2240.

**"Phil's Foils"** builds Rhodes 19 rudders under the "Phil's Foils" brand name. Go to [www.fastcomposites.ca](http://www.fastcomposites.ca) or contact Phil Locker at (613) 599-6951.

**The Trailer Shop** – Located on 87 High St. in Danvers for any trailer repairs. Call **Dan Sullivan** at (978) 750-6799

**Sailor's Tailor** [www.sailortailors.com](http://www.sailortailors.com) for boat covers, rudder bags and marine stitching.

\* \* \*

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### NOTICE BOARD

Please mail postings and updates to [kpandapas@comcast.net](mailto:kpandapas@comcast.net).

**For Sale:** R19 #1217 Nothing left to do but rig and race. All the 'big jobs' are done. Chris Small faired hull. Keel faired (Chris Small) to max thin and placed forward. Chris Small rudder. Chris Small rib job. New mast in 2008. New boom in 2015 (fully rigged spare boom included). All Kenny Harvey lines/running rigging. Floor boards replaced in 2009. Kenny Harvey trailer is rock-solid and highway ready. Multiple suits of Doyle sails including a regatta-ready race set. Possibly the fastest R19 on the planet - multiple National Championships, East Coast Championships and NOOD Race week wins under her belt. Priced to move \$12K firm. Contact Charlie at [pendletons@gmail.com](mailto:pendletons@gmail.com).

**For Sale** Hull completely rebuilt in 2008. Professionally upgraded and race-readied in 2012 by Small/Harvey. All standing and running rigging replaced, keel faired and moved max forward, hull faired and painted, replaced flotation, installed 6 inspection ports, new foam and glass ribs, installed compression tubes, finished with epoxy paint, support added to seats/deck, installed single point lifting system, new mast, aft sheeting traveler and mainsheet barney post, cuddy control console, 2:1 jib sheet system with Harken pin stop dinghy track and ratchet blocks ++++. Asking \$14k. Contact **Peter Weise** ([weisep@mit.edu](mailto:weisep@mit.edu) or 781.244.9773).

**For Sale** Cape Cod Shipbuilding, keel Rhodes 19 available to restore to race condition. New ribs and some paint will make this a fleet winner. Comes with trailer, race rig, midships traveler, boom tent, and practice sails. Located in Beverly, MA. Asking \$2900.00. Call Kim at 978.969.3752, or [kcjermain@gmail.com](mailto:kcjermain@gmail.com).



**For Sale** 1970s vintage Rhodes 19 keel sailboat with mast, boom rudder, a set of sails and trailer - no engine. Boat could use some work but was actively sailed in 2016. Boat is currently stored in Barnstable, MA but could help move to south shore if you buy it. \$2,500 obo.



**For Sale** Rhodes 19 hull #2446, "Tigger," with trailer. In spring 2014 fiberglass ribs were installed; the keel faired, re-bedded and encased in fiberglass; and bottom refinished. Unused last summer. The hull is in great shape, the original floorboards are in excellent condition, and the sails are approximately seven years old. \$6,000. Call and leave message at (720) 648-7298.

**Trailer Wanted** Need trailer for 19' Rhodes with fixed keel. Contact: [terrancemjudson@gmail.com](mailto:terrancemjudson@gmail.com) or 631-896-3122 Long Island, NY.

**For Sale** R19 892 **Rick Smyers & Jeff Sachs** are letting go one of the fastest boats in the fleet. "Rigging includes jib fine tune (accessible from the rails), adjustable jib cars, barney post, and stern traveler. Brand new sails (main was literally never used; jib just used once) and a spare set. Keel

ground and faired in 2016. Mast replaced in 2013 and used sparingly since then. Boom replaced in 2011. 2 spin poles. Trailer included. Asking \$11,000." You can reach Rick at [ricksmyers@gmail.com](mailto:ricksmyers@gmail.com) or [rick.smyers@dartmouth.org](mailto:rick.smyers@dartmouth.org).

**For Sale** 1978 Rhodes 19 keel version for sale. Needs work to make it a racer but a good foundation. Includes trailer and start sails. \$2,500 or best offer. Located in Barnstable, MA. Geoff [geoff.hurwicz@parkcitysailing.org](mailto:geoff.hurwicz@parkcitysailing.org) 435-659-6641.

**For Sale** Boat is well rigged, Lewanda keel, 2016, new complete set of sails used at 2016 east coast only, as well full set of Doyle's moderate use. Titled trailer, load rite 2001. Boat is competitive. Top 5 before tactical blunders and crew errors dropped us back several positions. \$9000. Call Rick Saunders at 781-439-9767

**FOR SALE RHODES 19 / O'DAY SAIL # 1194** Great racing boat or daysailer. Hull completely rebuilt in 2008. Professionally upgraded and race-readied in 2012 by Small/Harvey. Key work performed: - all standing and running rigging replaced - keel faired and moved max forward - hull faired and painted with VC performance epoxy - replaced flotation, installed 6 inspection ports - forward 5 ribs

**Rhodes 19 For Sale (Reduced \$2500)** Cape Cod Shipbuilding, keel Rhodes 19 available to restore to race condition. New ribs and some paint will make this a fleet winner. Comes with trailer, race rig, midships traveler, boom tent, and practice sails. Located in Beverly, MA. Asking \$2500.00 [kcjermain@gmail.com](mailto:kcjermain@gmail.com) Kim 978.969.3752

**Clear Out Those Old Sails** - Reclaim all that space in your garage, attic or sail locker. Please consider a tax deductible donation of your old sails to either Sail Salem at [www.sailsalem.org](http://www.sailsalem.org) or Courageous at [www.courageoussailing.org](http://www.courageoussailing.org).

**Nahant Fleet Needs Sails** - A startup fleet of R19s in Nahant will buy used mains and jibs. Contact **Abbott Lowell** at 978-853-1316 or [abbott.lowell@outlook.com](mailto:abbott.lowell@outlook.com).

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### TRIVIA ANSWERS

1. Shannon won Nationals in September, 2001 in what has come to be called the 9/11 nationals. The event was held in Hingham. **Jerry Blouin** was skipper.
2. **Chris Schramel**, who runs the New Orleans Quantum Sail loft, was the 3<sup>rd</sup> crewmember.
3. **Team Pandapas** finished 2<sup>nd</sup>. Their 3<sup>rd</sup> crew member was **Alex Felton**, though they also had a 4<sup>th</sup> as Christina was pregnant with **Christopher Pandapas**.





### FLEET PROFILE – MEET SHANNON LANE

*Compiled by Christina Pandapas*

*We still consider Shannon to be one of our own, even though she doesn't sail in Fleet 5 as much as she used to before moving to Manchester by the Sea. Last summer, she crewed on Sweep and then she traveled to Chicago as part of team Mo Hotta for Nationals. **Kim Pandapas** said that drive was one of the most entertaining trips of his life, and that's from a guy who used to be a professional rock musician. Colorful, irreverent and unapologetically herself, Shannon is always fun to be around. So, here we get some insight into the lady herself, including why her bar tabs are tax write offs and how she'll be first in line to buy Musto women's underwear.*

*What was the first boat you ever sailed?*

Believe it or not, the first boat I ever GOT on was a Rhodes. They used to take out the very little kids at Pleon on those, and I remember it seeming huge at the time. The first boat I ever sailed myself was a Widgeon (do they even exist anymore?).

*How long have you been sailing Rhodes?*

Since I was 5 years old. I began racing them here and there as a teenager with my parents, and then went pro in my early 20s sailing with **Steve Caswell** in 1790.

*Why did you start sailing a Rhodes?*

Well, I started because it was the fleet chosen by my parents, **Joni and Kevin Lane**, and brother, **Mike Lane**. I stayed for the community. It's a very special fleet who accept anyone from any background with respect for them as a competitor. I always smile at National competitions when new folks are completely tickled and surprised to be treated like family. The guys from Savannah were actually teary eyed in Chicago about how included they felt. (Which makes me wonder about possible sailing PTSD issues.)

*What is your favorite non-sailing activity?*

1) 3:30 PM Tuesday therapy sessions at dive bars, 2) messing with tourists (especially Midwesterners) at dive bars, 3) hermitting, 4) people watching, 5) laughing, 6) performing amateur stand-up comedy and 7) writing short stories.

*What do you do for work?*

(No one who's met me *actually* believes this). I am an employee benefits consultant who works with small-to-medium-sized businesses. I also work with large municipal and union groups. So I hang out with a lot of cops and firefighters - at 3:30 on Tuesdays.

*What is your most memorable sailing moment?*

Wow, so many. I'm going to go with an 'apres sailing moment:' Standing on the pier at Hingham Yacht Club after Nationals 2001 holding my National Champion trophy, with my eyes rolling back in my head in ecstasy and a huge grin on my face. It had been a rainy day and the sky was just clearing. A perfect arc of a rainbow came out over Land's End. **Jerry**

**Blouin** (my skipper) turned to me and said, "Shannon my dear – just remember that no matter what happens to you for the rest of your life, they can never take this away from you. You will always be a national champion." My name still hasn't been added to the trophy. Not that I'm bitter.

*What is the biggest bonehead thing a skipper has ever done?*

Let go of the tiller during a 30-knot blow – three times.

*What is the biggest bonehead thing you've done during a race?*

Falling off the foredeck of **Mike Lane's** boat during a not very windy day during a jibe. He had me back on the boat before I knew I was in the water. And then yelled at me for the rest of the day for slicing open my knee and getting blood on his sails. (I still have the scar, but I'm sure his sails are nice and white.)

*What's the best tip you could give someone crewing on a Rhodes for the first time?*

Take up as little space as humanly possible. Don't touch anything unless specifically ordered to. Shut your mouth. Open your ears. Ask a lot of questions (between races!). Leave your ego on the dock. You WILL get bruises (lots of them). Don't wear underwear that cuts across your butt – when mixed with a day of hiking and salt water it will eat through your skin.

*What book are you reading?*

I'm a poly-reader: *Townie* by Andre Dubus, III, *American Psycho* by Bret Easton Ellis, *Bunker Hill* by Nathaniel Philbrick and *Collection of Short Stories* by John Updike. Man's a genius.

*Name one thing about yourself that fellow fleet 5 members might be surprised to know*

I actually have TWO older brothers.

*Finish this sentence: I hate it when my skipper...*

Doesn't trust me to do my job. To clarify: the crew's job is to take care of absolutely everything on and off the boat so the skipper can focus on one job: to drive. Having a skipper who is bouncing around and worrying about everything BUT driving is very slow.





**SCUTTLEBUTT**

*Got News? Let's hear from you. Send your gossip, rumors and embarrassing tidbits to [tkpandapas@comcast.net](mailto:tkpandapas@comcast.net).*

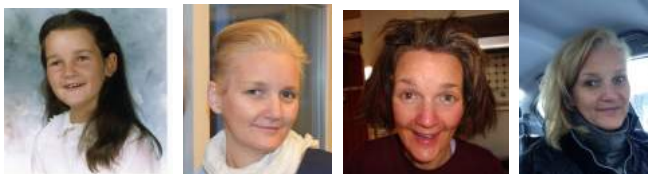
**Say it Ain't So** Rumors that **Charlie Pendleton & Jim Raisides** have bought a J70 are true. That's right, our reigning Race Week, Cup and national champs have decided to try beating up on another class for a while, hopefully with the same success they had here. And we're not betting against them. While we are sad to see them go, we wish them well. Their competitiveness and devotion to excellence raised our games, and their energy and enthusiasm was contagious.

Their success on the race course is only overshadowed by their active (and ongoing) contributions to Fleet 5. Between them over the past several years, they served in almost every leadership role we have, for an aggregate contribution of at least ten years of service, and that doesn't include their work on regatta committees. No one can ever accuse these guys of not giving back. In our view, they left Fleet 5 better than they found it, and we're all richer for it. We had hoped they'd hang onto 1217 so they could come sail with us from time to time and it would be waiting for them when they were done scratching this itch. But no. You'll find the listing in *Notices*.



**New Team Update** **Eric Thornton** confirmed at the winter party that he and **Bill Rothwell** are teaming up to campaign Chili this season. Great news as far as we're concerned. Can't wait to see them on the line.

**Changing Looks** National champ **Shannon Lane** made it unbelievably difficult to profile her this month. So, we thought to get her back, we'd share a highlight reel of Shannon through the years. Enjoy!



**MAIL**

We got a welcome email from **Pete Kaznoski**, who wrote, *"Wilson is not playing baseball so I'll be around more this summer."* Hallelujah!

**John Casler** sent this in without comment from his current walkabout, where apparently, he is exploring his roots. This was taken at the Cologne Karneval Jr. Regatta.



There is a lot of disappointment out there about there being no 2017 East Coasts. The most amusing is this tongue-in-cheek comment from reigning East Coast Champ **Ben Richardson**, who wrote, *"How am I supposed to win the triple crown if there are only two regattas!?"* We feel his pain.

With regard to Nationals serving as a Mallory qualifier, **Mike Lane** (ever the rules stickler) wrote, *"I assume that any competitors using the R-19 Nationals as a qualifier for the Mallory Cup would first meet the eligibility requirements for participation in a Rhodes 19 Class regatta."* Event co-chair **Matt Hooks** assured him that there everyone sailing would be eligible, which eased Mike's mind.

J70 Fleet Captain **Daan Goedkoop** wrote, *"J70 Fleet 9 continues to think about ways to build on other fleets' successes. I was hoping you could put me on your fleet email distribution lists so that we can generate better ideas about making our class more fun and social."* Absolutely, consider it done. Happy to do anything we can to support Marblehead one-design. Maybe we can do a joint fleet party one of these days – give us a call (but no recruiting allowed!).

Daan also forwarded us this reminder that the J70 Worlds will be in Marblehead in 2018. Looks like it will could be after Fall Series so circle your calendars as folks could be in need of extra crew.

