



# Fleet 5 Newsletter

## May 2005

National Class:  
[www.rhodes19.org](http://www.rhodes19.org)  
 Fleet 5:  
[www.r19fleet5.org](http://www.r19fleet5.org)

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978-304-3600

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Doug Trees  
978-922-0776

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Steve Uhl  
781-631-4430

Social Chair  
Tom Despres  
781-631-8158

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Pete Kaznoski  
781-596-4594

### Greetings

First, I'd like to announce our new fleet members. On March 3<sup>rd</sup> at 10:20pm, **Mike & Kathleen Lane** were surprised by a baby girl, **Molly**, over a month early! She weighed in at a mere 4 pounds, 14 ounces, but is doing great and has already more than doubled her birth weight. **Andy & Julie Savage** also welcomed a baby girl into their family: **Elizabeth** was born April 21<sup>st</sup> at 9:50am, 7 pounds, 13 ounces, 20 inches. Mom and daughter are home and are both doing wonderfully.

### Measurement and Tuning Clinic:

To help you sail your best this season, we are planning a Measurement and Tuning Clinic on Sunday **June 5<sup>th</sup>** at 11AM at the Corinthian Yacht Club. See the enclosed flyer!

### Spring Meeting Debrief

The fleet enjoyed a great spring meeting this year- it is always great to start talking about sailing again! Thanks to **Tom Despres** for keeping our terrible thirst at bay. Some of the highlights:

- 1) **Registration Report** – As of May 9<sup>th</sup>, we have received 29 MRA registrations and 32 Fleet 5 registrations. Also, special thanks to all those boat owners who signed up their crew as “Associate Members” for the Rhodes National class. There were 9 such sign-ups this year.
- 2) **Budget Update** – The fleet remains on solid financial footing; our budget this year is based on ~\$1675 income from registrations. About 2/3 of the fleet expenses go toward the social events, with the remainder allocated towards awards, website, postage, etc.
- 3) **MRA Update** – There will be some changes this year. A few items are highlighted on the next page. As always --- please read the SI's carefully as they govern. If you don't have a copy, email **Steve Uhl** [steve@macwayuhl.com](mailto:steve@macwayuhl.com)  
  
Some new changes in the MRA social scene are brewing as well! On Sunday May 30<sup>th</sup> after the Spring Regatta there will be an MRA party (tentative). And at the conclusion of the 1<sup>st</sup> MRA series, on July 9<sup>th</sup>, there will be an MRA party at CYC. All the more reason to get out and race!
- 4) **Scoring** – The fleet agree to the following items:
  - a) Those attending the East Coast Championship in Hingham will receive a BYE for MRA racing on 8/13/05
  - b) Rhodes 19 Fleet 5 Season Championship – Scoring will be based only on those boats registered in Fleet 5
- 5) **Social** – Just look at the upcoming events. Stay tuned to email for more detail!

### Family Round-the-Rock Race

On **Sunday, August 21st**, 11am, Corinthian Yacht Club the fleet will be hosting a race from the Twilight Series booth at the Corinthian Yacht Club, around Halfway rock, and back to the Twilight Series booth. There will be a cash, post-race cookout and awards. Spinnakers will not be used and you are strongly encouraged to have your kids or crew do the driving! More details to follow!

### Rules Seminar

Also, on **May 26<sup>th</sup>** 6-9PM in CYC Harbor Room, **Pat Stadel**, Senior Judge for U.S. Sailing, will be discussing rules changes for 2005-2008. There is no fee for attending this event.

*Continued on next page*



### Upcoming Events

**May 26th**  
Rules Seminar by Pat Stadel

**May 29-30<sup>th</sup>**  
Spring One-Design Regatta

**June 5th**  
Measurement and Tuning Clinic

**June 25th**  
Roving post-race drinks  
(location TBD)

**July 2nd**  
Fleet 5 Party @ Jane and John Casler's Home

**July 9th**  
MRA 1<sup>st</sup> Series Party @ CYC

**July 16th**  
Roving post-race drinks  
(BYC)

**NOOD Race Week**  
July 28-31

**August 12-14th**  
East Coast Championships at Hingham, MA

**August 21st**  
Family Round-the-Rock Race

### Notice Board

*Relocated to page 3 due to number of events above!*



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### Racer's Resource Board

Waterline Systems, Inc. in Bristol, RI provides a complete range of go-fast services, including ribs, bottoms and keels. Call at 401-254-0690

Etchells sailor **Pat Stadel** operates Marblehead Rigging, and specializes in fast turn-around on rigging jobs. If you need rigging work, give her a call at either 781-631-2642.

Contact Doyle Sails at 781-639-1490 for fast Rhodes 19 sails and excellent service.

[www.sailortailor.com](http://www.sailortailor.com) for boat covers, rudder bags and any other marine stitching need.

### Team Racing Anyone?

On June 11 and August 6 the MRA will be conducting team racing on the Tinkers Line for any fleet that wants to participate. If you are interested, please contact Mike Lane ([mlane@shore.net](mailto:mlane@shore.net) or 978-304-3600)

### Twilight Series!

Every Thursday evening (after Memorial Day) the Corinthian Yacht Club hosts the Twilight Series. This is a great opportunity to share the driving with your kids or crew and relax while getting in a little low impact racing (no spinnakers). Stop by the club to pick up a Notice of Race. Typically, fleet members all sit together and commiserate about the race and enjoy the beautiful sunsets! Cash dinner and bar. All are invited.

### Web Site

We are putting together an online fleet roster. Now you will finally be able to figure out who that person in boat #??? is! Please send a photo of your boat, you and your crew to Steve Uhl ([steve@macwayuhl.com](mailto:steve@macwayuhl.com)). As always, we are eager for your feedback regarding the web site.

### Social Schedule

We are putting Roving Post-Race Drinks

- 6/25 – Location TBD
- 7/16 – Location TBD
- 8/20 – Location TBD

Monday May 30<sup>th</sup> – Tentative after-race party at EYC (after Spring Regatta)

July 4<sup>th</sup> – Cook-out with Fleet Bar on 7/2 at John and Jane Casler's home

July 9<sup>th</sup> – MRA Party

Race Week – Pot-Luck with Fleet Bar on 7/28 under the deck at the Corinthian Yacht Club

Labor Day - Pot-Luck with Fleet Bar on 9/3 at Kent and Barbara Hallawell's home

### MRA Procedures:

Highlights of MRA procedure changes... ***be sure and check the SI's though! – they rule.***

- Starting line will be moved in a bit towards the harbor (~0.5 miles closer)
- First warning signal will be 12:30pm
- **Change of Course** – After the start, new marks will be identified by a black band – *subsequent mark changes will revert back to the original mark (unbanded)*
- **Finishing** – The end-of-line marker on the race committee boat will be a BLUE flag
- Race committee will make every effort *not* to start races after ~ 3:30pm
- **Pre/Post Race Check-In & Check-Out** – The MRS will be enforcing check-in's/out's more intensively. See their new *Emergency Response Plan*.
- **VHF Radio is required** — The Race Committee's philosophy regarding communication is changing; you can expect lot's of information to be made available to you through your VHF



**Rhodes #1454** Refit in 2001 and **Ready to Race**. Ribs from Waterline Systems and Winthrop Marine. New gel coat – epoxy bottom – combins. Exclusively dry sailed and well maintained. Includes lightweight halyards, sheets & spinnaker pole, new traveler and sheeting system, new fittings, new rudder (Stuart), lifting bridle, 2 sets of sails (one used only for Race Week 2003), custom triad trailer and canvas cover. Contact Mitch Mitchell, 617-803-1269 or [mitch@relayhealth.com](mailto:mitch@relayhealth.com). \$9000. (05/04)

**O'day Rhodes 19 - hull number unknown. One of top boats in Fleet 46 (Hingham).** White Hull, Black Bootstripe, Grey Deck & Rubrail. Tapered Mast. New trailer 2001. - Cradle Ride New Sails Mid Season 2003 - Spinnaker Never Used!!!! New Ribs Spring 2003 - Structural Foam, Glass & Epoxy. Keel Sandblasted & Faired Spring 2003. Bottom Faired Spring 2003. Custom Deck Layout Spring 2003 - Stern Traveler. Jib fine trim, etc.... New Running Rigging and Hardware Spring 2003. New Standing Rigging Spring 2003 - Jumpers Removed, T-Balls & Staymasters. Boat Located in Quincy, MA. \$9,000.00 Firm. [rj dimattia 617-328-1100 bostonsails@hotmail.com](mailto:rjdimattia@bostonsails@hotmail.com)



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### Notice Board

#### Bob

Meyer is looking for crew:  
[bmeyer@brighthorizons.com](mailto:bmeyer@brighthorizons.com)

Rick Saunders is looking for crew:  
Email him at [dotsaunders@comcast.net](mailto:dotsaunders@comcast.net).

Andrew Burton is interested in crewing; you can reach him at [afburton@comcast.net](mailto:afburton@comcast.net)

Dana Parris (781-639-1963, [doctordana@earthlink.net](mailto:doctordana@earthlink.net)) – Has sailing but not a lot of racing experience. Willing to learn.

Joan Wheeler ([jodee50@aol.com](mailto:jodee50@aol.com)) is looking for crew.

## How to Sail Fast in a Rhodes 19

*Contributed by Steve Uhl*

**Momentum** – The objective is not just “going fast”, it is more “don’t stop the boat”. The Rhodes 19 is so underpowered, you’ve got to keep the momentum going at all times and at all costs— starting momentum again is a killer.

This means:

- Momentum at the starting line is more important than exact position on the line
- If you are in bad air, tack away fast. If you don’t have a clear lane right away, tack! Take multiple sterns to get out of the crowd and into your own clear lane. Once clear, drive for several minutes— period. Then start thinking about your tactical situation.
- Most importantly, you must have *total focus* on driving the boat. If you take your attention away from driving, even for a few moments, then you are slowing the boat down. Get the crew talking and doing the looking for the helmsman. The skipper should resist the temptation to look around too much.

**Light Air Upwind** – It is critical to get body weight down low and forward in the boat. The driver should be forward of the traveler and all should remain very still. You have to be patient and focused.

**Halyards** – Many boats do not raise their main halyard as far as they should. Use a knot to attach the halyard and you will buy yourself an extra inch or two in height. Jib halyard tension is a critical gear shifter, so be sure it is easy to fine-tune.

**Trimming Upwind** – Adjust the jib as the conditions change: halyard and sheet tension should be adjusted to react to changes in wind velocity, wave action and your overall momentum. To avoid stalling the upper part of the main constantly check mainsheet tension as wind velocity changes. Be sure that the top batten does not hook to weather, stalling out the sail. This requires a lot of observation.

**Heavy Air, Choppy Water** – De-power the boat as needed to keep it relatively flat: move the jib cars aft a bit, lower the traveler to leeward a bit, trim the cunningham, increase backstay tension. Keep the boat chugging through the water.

**When Rounding Windward Mark** – Know where you want to go on the next leg *before* you get to the mark. Once you have rounded, get pointed in the right direction *ASAP*. It is easy to end up heading too high while setting the chute and losing valuable downwind distance to boats sailing inside of you.

**Smooth Mark Rounding** – Sharp turns kill your boat’s momentum, so be sure to round each mark in a smooth arc rather than a tight turn.

**Light Air Downwind** – Resist the temptation to sail too deep downwind – especially near the end of sloppy, light air runs. Inevitably the boats all stop and other boats come screaming in from the sides. Remember, if something is not working, then do something different. Don’t wait for circumstances to change. Particularly downwind, if it feels like you are on the wrong jibe you probably are, so jibe. If people are blowing past you, head up or head down – do something to change the situation. Experiment.

Good luck!

# ***RHODES 19***

## ***MEASUREMENT & TUNING CLINIC***

SUNDAY, JUNE 5<sup>TH</sup>, 10AM  
CORINTHIAN YACHT CLUB, MARBLEHEAD

### **Learn-**

- How the winning boats are configured
- What is fast, what is slow and why
- How to make your boat faster
- How to measure your boat to insure it is legal
- The go-fast measurements to get right!

Fast boats will be on hand to enable you to review layouts and settings. We will also walk through the measuring process for two boats.

*This is your chance to see what is fast and to learn why.*

### **Q&A-**

**George Randall** — Rhodes 19 National Class Measurer

**Doug Trees** — Co-Architect of the recent rules re-write

**Kimon Pandapas, Steve Uhl** — Perpetual Fleet 5 race winners and former fleet Captains

Please RSVP to Mike Lane at [mlane@shore.net](mailto:mlane@shore.net) or 978-304-3600

***Refreshments will be available***